

OUR CENTERS. NextStep's paralysis recovery centers are located in **Los Angeles (HQ), Atlanta, Orlando, Kansas City, Raleigh, Phoenix, and Las Vegas.** We are state-of-the-art, progressive, and affordable community based centers designed specifically for people living with paralysis. By offering comprehensive activity based therapy programs, the world's best certified trainers, and state-of-the-art equipment; our centers provide the best chance for recovery, independence, and health.

WHO WE SERVE. Spinal Cord Injury (SCI), Stroke, Traumatic Brain Injury (TBI), Multiple Sclerosis (MS), Cerebral Palsy (CP), Parkinson's, and other neurological conditions.

WHAT WE OFFER. NeuroRecovery Network and NeuroRTI Certified Trainers, Activity Based Therapy, Locomotor Training, NeuroMuscular Electrical Stimulation (NMES), Functional Electrical Stimulation (FES), Vibration Training, State-of-the-Art Equipment, Strength Training, Cardiovascular Exercise, and more.

OUR GOALS:

- Functional Recovery
- Improved Quality of Life
- Independence
- Optimal Health

Proudly serving our Wounded Warriors



A REVOLUTIONARY APPROACH



Our vision is a world where people living with paralysis have the opportunity to live long, healthy, and happy lives.

■ Join the MOVEMENT - DONATE TODAY ■
Go to www.nextstepfitness.org to help.

www.nextstepfitness.org
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nextSTEP

NextStep is an internationally recognized non-profit that makes life-changing rehab and fitness accessible and affordable to individuals living with paralysis. Today, most of these individuals are deprived of the resources they desperately need to live long, healthy and happy lives. NextStep's goal is to open NextStep paralysis recovery centers across the country to ensure an improved quality-of-life and a continuum of care for this underserved population. By offering the state-of-the-art equipment, world class certified trainers, cutting edge therapies; our centers provide the best chance for recovery, health, and independence.



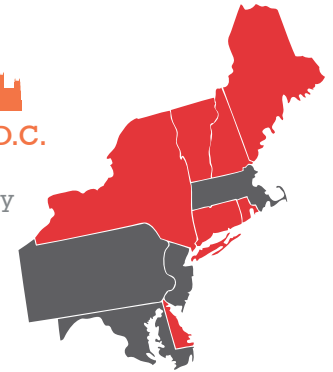
THE FACTS.

6 million people in the U.S. living with paralysis related disabilities.

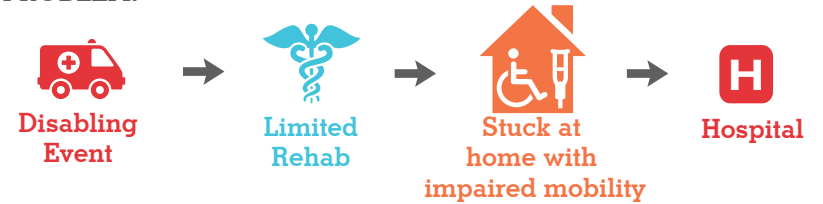
Equals combined populations of



30 Million people in the US live with mobility impairments - the combined population of the states of New York, New Hampshire, Vermont, Maine, Rhode Island, Connecticut, and Delaware.



THE PROBLEM.



Without access to progressive care individuals will experience:

- 1 Health Deterioration
- 2 Depression
- 3 Secondary medical complications which can sadly result in serious illness or death.

THE nextSTEP SOLUTION.



Affordable + Local + Progressive = LONG HEALTHY LIFE